



*Resilience Tracker Sheets*



## Resilience Tracker

Choose whether to print one Resilience Tracker for the team, or have one each for your personal takeaways and reflection notes. Print a fresh copy of this and the next three pages each time you play.

[illegible]

[illegible]

Resilience Points	Reason	Card Title	Action Identified	Takeaways/Reflections

**Total Resilience Points:**

**Resilience Chart** How many Challenges did you complete? Compare your results to this table and **celebrate!**

*Complete 2 Challenges = Resilience Masters*

*Complete 3 Challenges = Resource Guardians*

*Complete 4 Challenges = Solidarity Squad*

*Complete 5 Challenges = Mutual Aid Commanders*

*Complete 6 Challenges = Queerfeminist Rebels*

Why not compare the collaboratively earned RPs against your score from the last time you played and **discuss** what was different this time.

**Example Resilience Tracker table:**

Resilience Points	Reason	Card Title	Action Identified	Takeaways/Reflections
<b>+ 5</b>	<b>Starting points</b>	<b>n/a</b>	<b>Play RESIST/ANCE!</b>	<b>I thought the game was...</b>
+ 1	<i>Strategy Action</i>	<i>"Legal Counselling"</i>	<i>Contact ...</i>	<i>It became clear that...</i>
- 1	<i>Event card</i>	<i>"Abandonment"</i>	<i>Write down the...</i>	<i>The process which...</i>
+ 7	<i>Challenge Overcome</i>	<i>"Legal Intimidation"</i>	<i>A pattern of...</i>	<i>It would be good to reach out to...</i>
+ 1	<i>Event Card</i>	<i>"Speaking Up to Push Back..."</i>	<i>Consider...</i>	<i>It can be so difficult to...</i>
- 2	<i>Toolkit refill</i>	<i>n/a</i>	<i>n/a</i>	<i>It was worth refilling because...</i>
<b>Total: 11RPs</b>				

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# RESIST/ANCE—Strategies for a Better World

Based on the RESIST Research Project: [www.theresistproject.eu](http://www.theresistproject.eu)



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